

## About DRWF

The Diabetes Research & Wellness Foundation® is an organization for people who live with diabetes every day. Our mission is to help find the cure for diabetes; until that goal is achieved we will continue to provide the care and self-management skills needed to combat the life-threatening complications of this terrible disease.

### When you support DRWF, you help fund research as well as educational and service programs such as (partial listing):

- Islet cell transplantation research through the Spring Point Project at Schulze Diabetes Institute at the University of Minnesota
- Islet cell transplantation studies at Joslin Diabetes Center; Boston, MA
- Diabetes Wellness Helpline - a certified diabetes educator counsels patients over the phone about diabetes self-management
- Diabetes Health Clinic – a certified diabetes educator counsels patients in shelters in Washington, DC
- Free retinopathy screening project at Johns Hopkins University School of Medicine

For more information please contact  
Valerie Jeremiah at:  
rvjeremiah@diabeteswellness.net  
or call 1-866-293-3155



5151 Wisconsin Ave, NW, Suite 420  
Washington, DC 20016  
www.diabeteswellness.net



\*No Federal or Marine Corps Endorsements Implied



*"This was truly an amazing experience and I am honored to have been a part of it. Also, what made it even more special was the fact that I raised money for a great organization."*

-S. Subramanyam  
DRWF MCM runner 2008

## Registration Closes on July 31, 2010

# RUN FOR A DIABETES CURE

## Join our team in the 35th Annual Marine Corps Marathon "The People's Marathon"



## Sunday October 31, 2010



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## Join Our Team October 31, 2010

Experience the thrills and challenges of completing the Marine Corps Marathon or MCM10K while knowing that you are doing your part in helping millions of people with diabetes. Your participation will help fund critical research projects for the diabetes cure, as well as ongoing educational programs, counseling and many other free services we offer.

## Benefits of Joining Our Team

- Guaranteed entry into the Marine Corps Marathon or MCM10K run.
- You have an opportunity to raise money for a very worthy cause.
- You will have a personal fundraising website.
- Easy access for your friends and family to donate towards your run.
- Group team photo will be published in our *Diabetes Wellness Newsletter* and annual report.
- You'll receive DRWF goody tote bag with a assortment of useful tools to help you with your every day life and with your training for the run. See below for items.

*\*Items in goody bag are subject to change based on availability.*



## How to Join

Go online to: <http://www.active.com/donate/DRWFRUN2010> and click on Register for Event; follow the instructions on the form.

## Mail or Fax in Your Form:

Fill out the attached form and mail or fax in (office contact info is below) along with your registration fee.

## Registration Fee (please make checks payable to: Diabetes Research & Wellness Foundation):

- \$100 for Marine Corps Marathon participant
- \$50 for MCM10K participant

## Participant Requirements:

- Raise a minimum of \$500 for the MCM10K run
- Raise a minimum of \$1,000 for the Marine Corps Marathon

## Added Incentives

Incentive prizes such as restaurant, sporting goods, entertainment gift certificates are available when you go beyond the minimum requirements.

## Register or Donate Online

You can support our team members by making a donation or registering online for the run.

<http://www.active.com/donate/DRWFRUN2010>

For more information please contact:  
Valerie Jeremiah at 1-866-293-3155 or by email:  
[rvjeremiah@diabeteswellness.net](mailto:rvjeremiah@diabeteswellness.net)

**REGISTER BEFORE JULY 31, 2010**

## Diabetes Research & Wellness Foundation

4151 Wisconsin Ave, NW, Suite 420  
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[www.diabeteswellness.net](http://www.diabeteswellness.net) / Event Line: 1-866-293-3155  
Fax: 202-244-4999



**REGISTRATION  
FORM**

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Gender:  M  F

Chip Serial#(if you own a scoring chip) \_\_\_\_\_

## Race Day Team T-shirt

Small  Medium  Large  X-Large

## Payment Information:

Please make checks payable to:

*Diabetes Research & Wellness Foundation*

Check  MasterCard  Visa  AMEX

Card Number: \_\_\_\_\_

Expire Date: \_\_\_\_\_ Sec. Code: \_\_\_\_\_

Signature: \_\_\_\_\_

\$100 Marine Corps Marathon Fee

\$50 MCM10K Fee

## Military Service

USMC  USN  USA  USAF

CG  NG  Foreign

## Status

Active  Reserve  Retired  Former

First Marine Corps Marathon  Yes  No

First Marathon  Yes  No

Expected Finish Time: \_\_\_\_:\_\_\_\_